## Monday

Laundry - Colors (AM) Wash all floors Vacuuming

## Tuesday

### Wednesday

Laundry - Colors (AM)
Collect garbage and put out
Grocery shopping

#### Thursday Ironing

## Friday

Clean bathrooms Dusting

## Saturday/Sunday

Laundry - Colors, whites & sheets Appliance maintenance Deep clean items



# Cleaning SCHEDULE

#### Morning

Reset upper floor
Home Administration
Breakfast
AM activity

#### Afternoon

Cleaning items

Meal prep

Yoga and meditation

#### Evening

Prep upper floor
Child led play
Dinner
Family time!